

INTRO TO HAND THERAPY:

Name: _____

Profession: _____

Email: _____

Phone: _____

H _____

W _____

Mobile _____

Fax: _____

2019 DATE SELECTION:

- January 12-13, 2019
- June 1-2, 2019
- October 26-27, 2019

All courses to be held in the Grass Valley, Nevada City CA area – exact location to be announced

COURSE FEE \$499

Please go to website to pay on-line.

www.ClinicalSpecialtyEducation.com

If you need to pay by check, please email Patricia to make arrangements at

patriciarcse@gmail.com

SPECIAL NEEDS: We will make our best effort to accommodate any needs contact patriciarcse@gmail.com

**THIS COURSE IS ELIBIBLE FOR
14 CONTACT HOURS
OR 1.4 CEU's
AOTA approval #8696
OT/PT approval in FL
Approved by CA APTA
Target Audience:
PT, PTA, OT, OTA
Educational level: Basic to
Intermediate.**

**AOTA Classification Codes: Category 1
Domain of OT**

**Instructional methods: Lecture and
slide presentation, case study
discussions, splinting demonstration,
We understand that, with limited funds
for continuing education, you must
make the most of your CE dollar. There
is no substitute for the learning
experience that comes from live
education with hands-on opportunities.
Patricia is a leader in the field of U/E
Education having taught over 10 000**

CONTACT INFORMATION:

patriciarcse@gmail.com

website: www.ClinicalSpecialtyEducation.com

75% refund if participant cancels before 10 days from course date - no refund within 10 days. Full refund if course is cancelled by CSE Successful completion by attending entire workshop and successfully passing post-test (Score of 80%)



The assignment of AOTA CEU's does not imply endorsement of specific course content, products, or clinical procedures by AOTA.

CLINICALSPECIALTY EDUCATION

**EXCELLENCE IN
UPPER EXTREMITIY
CONTINUING EDUCATION**

**INSTRUCTOR
PATRICIA ROHOLT PT, CHT**



Patricia has enjoyed a varied background in her 40 years as a therapist. She has been a practicing hand therapist for over 33 years and a CHT for 27 years. Patricia has taught live continuing education seminars on various hand therapy topics since 1992. After several years of focusing on clinical practice, Patricia has returned to her role as a professional educator since 2014. She is enthusiastic and excited about sharing her extensive background and experience with both physical and occupational therapists and assistants interested in hand therapy!

INTRODUCTION TO HAND THERAPY



Course Hours both\ days 8:30 am
– 5:00 pm Includes 2 - 15 minute
breaks

1 hour lunch break

DAY 1

Anatomy of the Hand

Evaluation of the Hand Case Study
examples/discussion

Exercise in Hand Therapy Case
study examples/ discussion

Modalities in Hand Therapy
*Wound Care

Scar management

Edema Management

Hour by hour time schedule For
both days available on website

Introduction to Hand Therapy has been attended by over 6,000 therapists since its inception over 20 years ago! It has been recognized as a comprehensive introduction to the fundamentals of caring for all hand injuries. This course is designed to provide P.T's., O.T's, ATC's and assistants with in-depth information on evaluating and treating patients with injuries to the hand. The emphasis is on topics which are clinically applicable for patient care. Lecture portions cover the following topics: functional anatomy; comprehensive hand evaluation; exercises for strength and range of motion; modalities; wound and scar care; splinting principles; and protocols for treatment of common hand pathologies.

Objectives/Learner Outcomes:

- *Identify from illustrations the anatomical structures of the hand and describe their functions.
- *Describe the fundamentals of a thorough hand evaluation
- Describe exercise techniques and equipment used in hand therapy
- *Describe the indications for therapeutic modalities in the treatment of the hand.
- *Describe wound healing principles and recommend products used to manage wounds and scars
- *Discuss the etiology, pathology, and clinical treatment of common hand injuries/diseases.
- *Identify prefabricated and custom splints associated with specific hand injuries and diagnosis
- *Express an understanding of splint categories, material selection, and design principles.



Day 2

**Scar Management – internal and
external**

**Case study workshop and
discussions**

Introduction to Splinting

**Lecture and Splinting Demonstration
of several static and mobilization
splints**

**Treatment of Common Diagnosis:
Stiff hand: Acute and Chronic
CRPS**

**Duypuytren's
Carpal Tunnel**

DeQuervain's

**Repetitive Strain Injuries
Hand Fractures**

**Detailed hour by hour schedule
available on website**