REGISTRATION FORM:
HANDS ON TENDON TRAUMA
Name: ____________________________
Profession: ___________________________
Email: ______________________________
Phone: H __________________________________
W ________________________________
Mobile __________________________
Fax: ________________________________
DATE SELECTION 2017:
   June 24-25, Sacramento, CA
   July 29-30 Minneapolis, MN
   September 23-24, Phoenix, AZ
   December 16-17 Charlotte, SC
Specific Course locations to be determined. Accomodation information available upon request
COURSE FEE $499
PAYMENT METHOD:
Please go to website to pay on-line.
www.ClinicalSpecialtyEducation.com
If you need to pay by check, please email Patricia to make arrangements at
patriciarcse@gmail.com
SPECIAL NEEDS REQUEST:

THIS COURSE IS ELIGIBLE FOR 15 CONTACT HOURS OR 1.5 CEU’s
Approved by CA APTA
AOTA approval #8996
Target Audience:
PT, PTA, OT, COTA
Educational level: Intermediate to advanced.
AOTA Classification Category 1
Domain of OT
We understand that, with limited funds for continuing education, you must make the most of your CE Dollar. There is no substitute for the learning experience that comes from live education with hands-on opportunities. Patricia is a leader in the field of U/E Education having taught over
CONTACT INFORMATION:
patriciarcse@gmail.com
website:
www.ClinicalSpecialtyEducation.com
75% refund if participant cancels before 10 days from course date - no refund within 10 days. Full refund if course is cancelled by CSE Successful completion by attending entire workshop and successfully passing post-test (Score of 80%)

Patricia has enjoyed a varied background in her 38 years as a therapist. She has been a CHT for 25 years, and has taught live continuing education seminars on various hand therapy topics for 15 years. After focusing on her clinical work for the past 8 years, Patricia returned in 2014 as a professional educator in the hand therapy field. She is enthusiastic and excited to once again share her special skills, talents and experience with others!
This is a comprehensive course for the rehabilitation of flexor and extensor injuries to the hand. The most current treatment approaches for tendon injuries at all levels are presented. Tendon anatomy, as well as tendon healing are reviewed. Detailed splinting and exercise protocols for all levels and types of injury are presented. Evaluation and treatment of common complications is discussed including post-op management of tenolysis and tendon grafting. Case study discussions compliment the lectures, and splinting demonstrations by Patricia allow ample time for observation and questions. Splints demonstrated will include both post-injury splints as well as tissue stretching splints.

Course Objectives/Learner Outcomes

- Identify the anatomy of the flexor and extensor tendons of the hand
- Identify the injury zones of the flexor and extensor tendons and how injuries at different levels affect treatment and prognosis.
- Describe the mechanisms of tendon healing and what factors can affect results
- Describe various treatment protocols for different types and levels of injury for both flexor and extensor injuries.
- Explain appropriate evaluation procedures used to assess tendon gliding, tendon adhesion, and joint contracture.
- List the complications following flexor and extensor tendon injury and conservative and surgical treatment approaches to solve these.
- Describe the indications and functions of a variety of splints used for post-op protection, tissue stretching, and exercise.

Course Agenda – DAY 1

Course Hours 8:00 am – 5:00 pm
Includes 1 hour lunch and 2 -15 minute breaks
* Flexor Tendon Anatomy
* Flexor Tendon Healing
* Treatment protocols
  Washington Regime
  Indiana Protocol
  Duran Protocol
  MAMTT
  Zone I – Evans Protocol
* Evaluation of tendons/joints
* Complications of flexor tendon injuries
* Case studies/problem solving lab
* Tenolysis/2 stage reconstruction
* Splint fabrication demonstration

Course Agenda – DAY 2

Course Hours 8:00am – 5:00 pm
* Extensor tendon anatomy
* Extensor tendon healing
* Treatment protocols
  Mallet injury
  Early mobilization Protocols
  Zones III-VII and thumb
  ICAM protocol
* Splint fabrication demonstration
* Evaluation of tendons and joints
* Complications of extensor tendon injuries
* Case studies/Problem solving lab
* Tenolysis and tendon graft
* Splint fabrication demonstration
* Wrap up/questions
Course evaluation/Post test